



Why choose Abbeyfield Bristol & Keynsham?

Abbeyfield Bristol & Keynsham has been dedicated to enhancing the quality of life for older people for 60 years. We believe in a "Better Independence"—providing high-quality, affordable homes where you can offload the burdens of managing a household and focus on the things you truly enjoy.

Why Do Residents choose us?

Our residents often tell us they wish they had moved here years ago. Here is what they value most:



- **A New Friendship Group:** Residents often comment on how quickly they become friends and how much everyone cares for one another.



- **Ending the "Empty Table":** Shared mealtimes and activities like our "Breakfast Club" offer regular times to catch up, exchange opinions, and enjoy a laugh.



- **Health and Wellbeing:** Residents frequently see an improvement in their physical health once the "supermarket chore" is replaced by first-class nutrition.



- **A Sense of Belonging:** Beyond just a room, Abbeyfield becomes a true home where you are a vital part of a small, intimate community.

The Abbeyfield Answer: A Better Way to Live

Choosing Abbeyfield means offloading the daily burdens of running a household to focus on what you truly enjoy.

- **Release the "Mental Load":** Forget the stress of rising bills, unpredictable maintenance, and endless admin. We handle the repairs and the paperwork so you don't have to.
- **No More Chores:** Cooking and cleaning can become a lonely chore when living alone. At Abbeyfield, delicious, home-cooked meals are provided daily in our communal dining room.
- **Safety and Security:** Living alone can bring the constant worry of "What if I fall?". Our houses offer a place to be safe, with a House Manager available for support and the peace of mind that help is nearby.
- **Privacy and Comfort:** You retain your independence in a private, en-suite apartment that you can furnish with your own belongings to make it feel like home.

Experience It for Yourself

We understand that the fear of change can be a barrier. That is why we offer a no-pressure trial month. This allows you to get a feel for the house, meet the people, and experience the "Abbeyfield Connection" before making a final decision.

Your Next Step: Come in for a "Proper Cuppa and a Chat". Forget the formal tour—just sit in our lounge, meet our residents, and see what a happy, connected home feels like.

Contact us today:

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