

# Supporting independence in later life





## Our Mission

For people later in life who want to keep living independently but not alone, Abbeyfield Bristol and Keynsham provides them with an opportunity to maintain their freedom and quality of life, while having access to a community of support and company.

Unlike other later life housing providers, we actively seek to help residents to live well and socialise. We provide financial peace of mind by including healthy meals and utilities within our monthly rental fees. We are a not-for-profit organisation that prioritises independence and community.



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#### Four exciting developments in the Bristol and Keynsham community

- Our private flats provide independence for older adults with reassuring support available.
- Avoid the increasing costs of living with one monthly rental fee that covers all.
- Delicious home cooked meals provided every day.
- Experience the peace of mind and security that comes from living within our welcoming and supportive houses.

#### Creating vibrant, supportive communities across Bristol

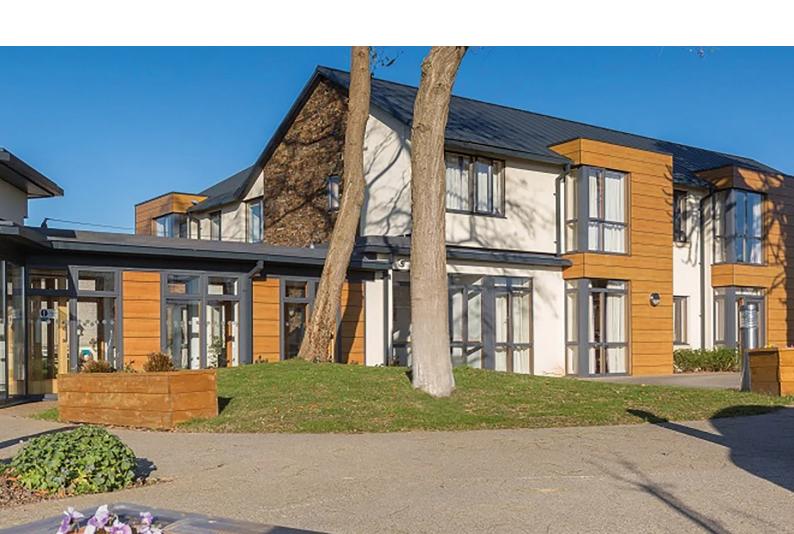
Our four houses across Bristol and Keynsham foster a supported living environment where residents can live independently, while staying actively connected and supported. Together we create a vibrant, caring community where everyone thrives. Our houses are located in Hanham, Henleaze, Redland

and Keynsham. Each house offers residents the opportunity to live independently in a self-contained flat with a community of like-minded individuals. With communal sitting rooms, dining rooms, and extensive gardens, Abbeyfield provides the perfect blend of independence, support, privacy and companionship.

# Our Houses

Our houses are located in the desirable districts of Hanham, Henleaze, Redland and Keynsham. Each house offers residents the opportunity to live independently in a self-contained flat with a larger community. Communal sitting rooms, dining rooms, and extensive gardens allow our residents to enjoy the perfect blend of independence, support, privacy and companionship.

Each house has its own character and beautiful setting and hosts a variety of activities for residents to enjoy including fitness classes, quizzes, themed events and outings. Our houses are run by an amazing team of experienced staff, who endeavour to place your well-being and happiness at the heart of everything they do. Just ask our residents and they will tell you what an asset they are to our organisation.



#### What do Abbeyfield Houses provide?



En-suite apartments



Fully-inclusive fees



Communal lounge



Dining room



Hair Appointments



Chiropody appointments



Social Activities



Personal alarm system



Guest facilities



Local amenities



Landscaped gardens

- If you or a family member are thinking about joining one of our houses you can visit us for lunch, speak with other residents and find out more about Abbeyfield.
- To ensure you are happy and feel at home we offer a one month trial at the start of your stay.
- Everyday, three meals are served in our sociable communal dining rooms. Our in-house cooks make fresh homemade meals for lunch and dinner.
- All houses have laundry facilities for residents to use, and assistance can be provided if needed.

# Abbeyfield House Henleaze

Located in the historic area of Henleaze, this house is full of character and Victorian splendour – boasting proximity to one of the most famous city landmarks of the Durdham Downs.



Abbeyfield House Henleaze is located two miles outside of the city centre, close to the shops and cafes of Henleaze village and Westbury-on-Trym. The Durdham Downs, just opposite the house, are perfect for walking and enjoying nature. If you fancy exploring further, then the city centre is just 20 minutes away by bus where you will find shops, restaurants, theatres, museums and

Our house in Henleaze hosts 25 comfortable one-bedroom and studio apartments complete with en-suite facilities. At the heart of this sociable house is the spacious dining and garden rooms, where residents gather to enjoy delicious meals, cooked each day by our in-house cooks.



# **Abbeyfield** House Keynsham

Close to Keynsham's bustling high street, Abbeyfield House Keynsham offers characterfilled apartments, beautiful gardens, and a social space for meals and events, creating a warm, vibrant community.



I have been here for two months and all the staff have been so considerate, supportive and caring and the residents have all been very welcoming.

Abbeyfield House Keynsham is situated on a quiet, residential road, just a few minutes' walk from the bustling high street, where you'll find a vibrant, friendly and welcoming community. There are cafés, restaurants, shops, a library, and a very popular farmers' market each month.

Keynsham is ideally located, nestled conveniently between the vibrant cities of Bristol (six miles) and Bath (eight miles), both offering wonderful amenities including theatres, festivals, and great shopping centres. The local train station can take you easily into both cities.

Abbeyfield House in Keynsham is packed full of character, with original archways and high ceilings and a beautiful landscaped garden where you can sit and relax.

There are 14 spacious apartments with gas central heating, kitchenettes, and large en-suite bathrooms specially adapted for ease of use. The fabulous garden room is the social hub of the house where residents can enjoy their daily meals provided by our in-house cook and enjoy a wide range of social events.



### Kift Lodge Hanham

Overlooking the beautiful Hanham Common, Kift Lodge is a light and spacious house, purpose-built for supported housing in 2014. Generously gifted by the late Mr. and Mrs. Kift, this modern facility allows residents to enjoy countryside views and a peaceful atmosphere while still being close to the amenities of Bristol and Bath.



Situated in a fantastic location, five miles outside Bristol city centre. The house is set back from the road with its own, gated driveway. A variety of amenities are close by, with Hanham High Street just a short walk away.

Kift Lodge offers 20 spacious and comfortable studio and one-bedroom apartments, with gas central heating, en-suite facilities, and kitchenettes.

Our apartments are unfurnished for you to decorate and style with your own belongings. We guarantee you will soon begin to feel at home.

The spacious dining room is the hub of this house. Here you can enjoy delicious home cooked meals, as well as numerous activities organised by our staff. The landscaped gardens are a peaceful haven where residents can sit and relax.



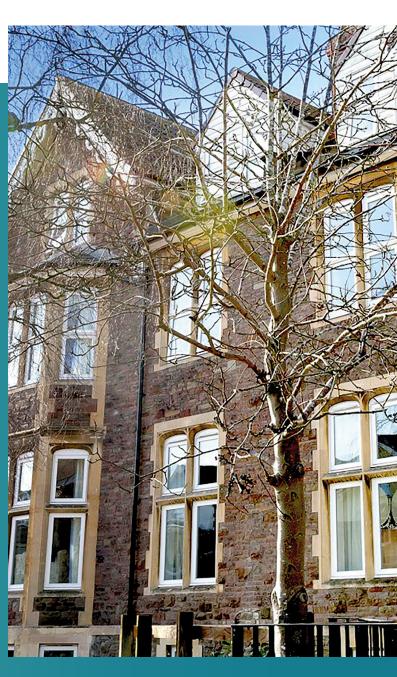
You have the best of both worlds. If you want to be alone with your book or watch a film in your room you have that option. It's a good balance.



# Abbeyfield House Redland

Abbeyfield House Redland provides independent living in a leafy Bristol suburb, offering comfortable apartments, daily home-cooked meals, and a vibrant social space for residents.

Set in the heart of Bristol's leafy Redland, and close to local amenities, Abbeyfield House Redland offers stunning independent living for adults in later life. Just two miles outside of Bristol city centre, Abbeyfield Redland boasts an enviable location in a suburb a stone's throw away from the famous Durdham Downs. Nearby transport links make getting around easy. There are local bus links into Westbury village or if you fancy exploring further then the city centre is just 20 minutes away where you will find shops, restaurants, theatres, museums and many other attractions.



facilities, and kitchenettes. The elegant

daily meals and activities organised by our team of staff. Delicious homecooked meals are provided every day by our in-house cooks and there are facilities in the apartments for residents to make their own breakfast.





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# Contact us to book a viewing or to find out more information:

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