

# Abbeyfield Sample Menu

# Menu

## Monday

**Lunch:** Potato, leek & Caerphilly cheese pie with mixed roast vegetables. Followed by lemon drizzle cake.

**Tea:** Mozzarella, tomato and basil pastry slice. Followed by homemade cake.

## Tuesday

**Lunch:** Lamb tagine & flatbread with pomegranate cous cous. Followed by Fruit crumble & custard.

**Tea:** Kippers with bread & butter. Followed by homemade cake.

## Wednesday

**Lunch:** Chicken & mushroom pie with creamed potatoes, spinach & carrots. Followed by Eton mess.

**Tea:** Boiled eggs and soldiers. Followed by homemade cake.

## Thursday

**Lunch:** Pork stroganoff with rosemary hasselback potatoes, broccoli & cauliflower. Followed by sticky toffee pudding & custard.

**Tea:** Rosemary cheese cobbler with broccoli. Followed by homemade cake.

## Friday

**Lunch:** Salmon & prawns with dauphinois potatoes. Followed by cherry pie.

**Tea:** Stuffed peppers. Followed by homemade cake.

## Saturday

**Lunch:** Lamb burgers with sweet potato fries with coleslaw. Followed by knickerbocker glory.

**Tea:** Beetroot & goats cheese tart. Followed by homemade cake.

## Sunday

**Lunch:** Roast pork loin with stuffing, roast potatoes, cauliflower cheese, carrots & apple sauce. Followed by crème brûlée.

**Tea:** Ham salad roll with pickle. Followed by homemade cake.

A hot alternative to the main meal as well as a fresh daily salad will be available to those who have dietary requirements or who don't eat fish etc. A jacket potato will be available as an alternative to the potato of the day. A sandwich/toast will be available as an alternative at tea.